# THE EDEN OF HEART A Sermon by: Mufti-e-Azam Mufti Rasheed Ahmad Sahib

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### The Hearts of a Muslim is not less than a Garden.

From a few months I have developed a routine to go out for recreation; daily in the morning and Thursday evenings. From that time I had an ambiguity because I always used to tell a few of my incidents. Since I have made a new routine now days, this is absolutely against the sense of the verse I used to recite and against my previous routine.

The meaning of verse is:

"It's a woe if due to lust and desire you recreate yourself. You yourself are not less than a floret; just open the door to your and you will find an eden inside." It means that if you have a desire to go out for rejoicing then it is a pity, why? Because:

ALLAH TAALA has made you a floret. You are yourself a floret. It is enough if you pay attention towards your heart. Just open door to your heart and observe that there are Eden's, showers of ALLAH's mercy, splendours and blessings, gifts of Heaven, reflection of ALLAH TAALA's beauty and omnipotence. Think of these things, contemplate about these gifts. ALLAH TAALA has placed the largest Eden in our hearts. By ignoring it and going out to rejoice, isn't it a pity, an affliction?

"As if I live in the paradise all day night: so colorful the garden of my heart."

If you have love for ALLAH TAALA in your heart, keep it recollecting and concentrate over these matters. These things won't give you time to go out for amusement.

### For the Rectification of Desires there is a Unique Invocation (DOA).

There is a unique prayer in the HADITH. I always tell that when ever I teach you any prayer even then I tell it with the intention of praying. You people also should intend to invoke. YA ALLAH Do make our do make our state according to this invocation. The invocation is as follows:

What a unique invocation, memorize it. If it is difficult to remember the actual words then conceive the sense, invoke this daily, now listen to the meaning: "YA ALLAH! Change the doubts and the dangers, the imaginations and the aim of heart into your fear and eulogy. If imagine about your fear and awe and about you and YA ALLAH! Build my courage for my actual object, that is those deeds and those condition that are in accord with your consent. Alas just bind me only with this thought, make this invocation my heart's state."

When HAZRAT YAQOOB, alaihissalam was departing from this world, in this last moments, what were his thoughts? What was he thinking about? Listen:

"Where you witness when death appeared before jacob? Be hold, he said to his sons what will you worship after me?"

Now days if someone loses hope about his life and if symptoms of death appear then what are his testaments? Give so much money to so and so, take so much money from so and so, take care of my wife and children. All he thinks is, what will happen to his wife, children and money. HAZRAT YAQOOB alaihissalam after gathering his children, says:

"what will you worship after me?"

Concentrate, think a little, it's time to depart, it's a crucial moment. Even then there is only one thought circling his mind and that also is not for himself but for his children. What will happen to their religion? When some thing is deep-rooted down to the core of your heart then you always recall it during your life and at the time of death. At every moment the mind switch over to it. May ALLAH TAALA also make this our state and condition.

### When does the Heart of a person becomes a Real Heart.

Since after Zuhr (afternoon) it is raining continuously. Looking at this sight, only one thought has swarmed my heart.

" YA ALLAH! Make the teachings of QURAN-E-MAJEED Rabi's (monsoon) rain for our hearts."

As the Rabi's rain fertile the bare and sterile land and after the rainfall it becomes green and vegetated. Similarly through the QURAN-E-KAREEM turn the dead hearts into animated one's fill it up with Your passion and revelation. What can think about ALLAH's mercy? By rainfalls He makes reservoirs of water inside the ground. Whenever we need water we dig a well and obtain it according to our needs. This is all rainwater. Experience shows that the water inside the earth dries up, when there is a storage of rainfall"

"And We sent down water from the sky according to (due) measure, and we cause it to soak in the soil."

If this natural restoration of water wasn't there then how difficult it would have been to store water in tanks, tubs and in different containers. First from where we could obtain such reservoirs to store water? Suppose if somehow we could do so even then it wasn't possible for us to preserve it . It would have become stale within a few days. Secondly to preserve water we had to use chemical due to which the taste would have changed that would have also harmed the health.

"And We sent the fecundating winds, then cause the rain to decent from the sky, there which providing you with water (in abundance) though you are not the guardians of its stores. Instead of putting the people in hardship, ALLAH TAALA install natural freezers inside the earth. Neither there is any danger of getting vapid nor there is any wastage. No mater, when ever and as much you need you can obtain from ALLAH's treasure. It's clean, clear, cold, sweet, and tasteful.

### HAZRAT ROOMI, Said:

My LOARD! What a mercy of your's, blessing of your's. The earth does not have legs by which she could travel towards the sea or the river and could and could ask for water. Human beings and animals both have legs and birds have wings, they all fulfill their urge but the earth is helpless, how could she move. So ALLAH TAALA ordered the darks clouds to shower rains by which she could extinguish her thirst, not only her's but others also." How does the mercy of ALLAH TAALA attends the feeble and the helpless!. It all started over that when does a heart become a real one? When ALLAH's passion settle itself in the core then the person doesn't get time from his thought. The attraction of his heart dose not end. He is busy rejoicing with it and he becomes independent and free from all the worldly amusements.

"Spiritual personalities forsake worldly attractions; walls of the gardens doesn't need artificial decoration." Empty walls need artificial decoration, real ones are already decorated. Hearts of these filled with ALLAH's passion do not need amusement, why isn't that these people rejoice within their heart's paradise? ALHAMDULLAH, from my childhood ALLAH TAALA has blessed me that I never had a desire to recreate. I don't know whether I had anything extraordinary but I never had a desire to go out for amusements and recreations.

### When a person want to Correct himself ALLAH TAALA Help him.

When I was studying in DARAL-ULOOM DEOBAND, once then HAZRAT MADNI, was going to an assembly in Lahore. Many students from darul uloom were ready to go with him. I was also among them. I bought the ticket and reached the station, while seated on the platform, few thoughts clustered my mind: Why I am going to Lahore? What again I had in traveling there? After thinking I conclude two points: 1-To recreate and look around Lahore, as till that time I had not seen it. The answer to this was that I can just visit Lahore while sitting here wasn't any need to go. There must be markets, double rows of shops with bulbs lightened up, with people busy shopping and other things must be there. All the cities of the world are the same. There isn't much difference. Then what was I going to do, I just looked Lahore. 2-To listen to the sermon of HAZRAT MADNI. I concluded that over here, I am always with HAZRAT how many sermons I have heard? To what extent have I practiced his preaching? While staying back, if I practice over his preaching then there wasn't any need left to go. So I returned. How far is Dehli from Deoband? Many students used to go to Dehli but I never even thought to visit. If ever I want out of Deoband, I went to Thana Bhawan. Usually on foot, I attended HAZRAT HAKEEM-UL-UMMAH's assembly (Maulana Ashraf Ali Thanvi) and return to Deoband. Never paid attention to anything else. Once while traveling in a train, I fell asleep near the station of Deoband, woke up to find that I had come near Dehli. Now I thought that when unintentionally I had come here, so why not see it. There in Dehli, in Tibbiya college I had a friend. I thought that I should visit him first. When a person wants to correct then ALLAH also help him. From concealedness ALLAH's help reached. As I lacked liking for amusement and unoptionally due to falling asleep I reached Dehli. Now look at the assistance of ALLAH TAALA, when I reached the station and stepped down, I met a "TABLIGI BROTHER," he

asked me: "From where do you come? What was the purpose of your visit?" I told him the whole story. He said "What will you do in Tibbya college, come with me." I said "Okay, it is all right." The whole day we wandered busy in his personal work. When it was evening, he said: "Now we'll go to BASTI NIZAMUDDIN." I said "SUBHAN ALLAH, what else do I need, let's go. "We spent the night with HAZRAT MAULANA MOHAMMED ILYAS. The next morning we came bake to the station and from there back to Deoband. This is how I passed my life, that even after reaching Dehli I did not see it. just in accord with the verse:

" It's woe, if due to-lust and desire you rejoice yourself. you yourself are not less than a floret, just open the door of your heart and you will find an Eden inside."

### Many things of need are already present in Human Body.

Now at the sixty second station of my life many things have changed. It's the sixty second year in progress and sitting in squatting position is one of the changes. I hate sitting like this, looking someone in such a position, I feel very defained. I never sit with legs folded. While sitting with younger, I might have but in the companions and elders I never sit in squatting position. The changes of the sixty seconds year have also shown this. While sitting, my legs start paining, my right post gets swollen. Before RAMZAN, I started to prop against a pillow and sometimes used to have a support with the rostrum. Afterwards a thought flashed into mind. When HAZRAT IBRAHEEM BIN ADHAM left the kingdom, he took with himself just three things of his need: A bowl for eating and drinking, both to be done in one. Today's up to date people use three, four plates for eating a meal, then a separate glass for water and a separate cup for tea.

The second thing, a pillow for sleeping and the third was a rope and a bucket to get water from the well for performing ablution and other things. These were the things he took with himself while leaving. On his way he saw a person lying down and instead of having o pillow he had placed his arm under his head. HAZRAT IBRAHEEM thought that ALLAH TAALA has already given a pillow in human body, what need to take an external one. He dropped the pillow as it was of no use. As the moved forward he saw another person drinking water with his hands. Again AHZRAT IBRAHEEM thought that ALLAH TAALA has also given a bowl in human body so what need to take an external one. He dropped that bowl also. As the time is running out, so I won't tell about what happened with the rope and the bucket. In short he did the same with the rope and the bucket. I recalled this events because I never needed to prop but at the sixty second station of my life has compelled me to do so. I hated having a pillow on my seat and until now I had never used the one. Here in DARUL-IFTA, there are two small pillows, those were also made a few day's back for visiting venerable scholars. This year I started to use them. As I used them for a few days, a thought flashed my mind. I recalled HAZRAT IBRAHEEM's incident I thought that my body may already have a pillow, let's have a trial. I placed my right foot over my left thigh, ALHAMDULILLAH, it worked. There was no longer any need left to prop. In short, I passed my life in such a manner that I felt grief even to think about recreating and traveling. Even after reaching Dehli I did not see, and after buying a ticket for Lahore I returned it.

### One should be Admonished by displeasing Incidents.

I used to go to Lahore to visit HAZRAT MUFTI MOHAMMAD HASAN. Once I looked around Lahore, but how did it happen? Once I visited HAZRAT MUFTI MOHAMMAD HASAN. There I told a student to inform HAZRAT that I have come to meet him. He replied that HAZRAT is busy, he is upstairs, therefore it is unsuggestable to inform him now so I shall inform his son, but he also did not come. May be that student had forgotten to inform him. Anyhow I spent that night in the student's room. The next morning when HAZRAT's son came I complained him as he was my friend. He felt very abashed and expressed sorrow. Now to overcome he took me out to show Lahore. He felt happy that he was doing a fine job, but he did not know about my feelings. "The tongue cannot express and the heart can't speak, woe what a compulsion. How can I express what I suffer? What elapses over my heart? No one knows, nobody is aware of that." He took me to the royal castle, there at times the king used to settle the disputes. I was very much admonished by the sight. There was a time, there were sittings of the kings, the princes, the princesses, the princesses, the glory and the eminence, the gardens the awe of the kingdom but now we have a sight where crows crow today.

The mosque inside the castle where HAZRAT MAULANA ABDUL HAKEEM used to offer his prayers. I also offered mine and afterwards I was lost in thoughts. "Woe! Where are those mounts of towering scholars?"

"The earth has swallowed such enormous personalities; erasing their names."

After looking I was very much admonished, the reality of the world was exposed.

"In the world every thing teaches a lesson but it's colorfulness has made you blind. Have you ever examined, that at times here in the castle, someone used to inhabit but now it is void. The world is not a place o enjoy, it's a place to get admonished, it's not a play."

In short, HAZRAT's son and I strolled round whole the castle. In his thoughts he must be feeling happy of what he did, that happened to me, just don't ask.

### Sometimes Rejoicing is an Oppression and Sometime an Adoration.

Precisely from the beginning and up till now I had this state about amusement that, this verse expresses: "It's a woe, if due to lust and desire you rejoice yourself. You yourself are not less than a floret, just open the door of your heart and you will find an Eden inside." But now daily in the morning, after, Fajr prayers and Thursday evenings, I go out for recreation. For many days I had an ambiguity that my present routine is against my previous one and against the meaning of the verse. Although it took a few days to clear the ambiguity but ALHAMDULILLAH! My heart was satisfied, that the new routine was correct and it accounts reward. Finally I concluded that: It's a woe, if due to "Lust and Desire."

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The beginning of the verse answer that it is a woe, a pity if lust and desire force you to recreate. If it's due to a religious purpose then it is an adoration and a reward. It's a motive to ALLAH's consent. If a person does not go out for recreation then he will become weak and he will be deprived of serving the religion. Then in these conditions this recreation is not an amusement but a religion's exigency. INSHAALLAH, it will bring rewards in return. If someone does not fulfill these requirements. Although it was an exigency then it will be ungratefulness to ALLAH's gift. It will deprive him from performing religious duties and there will follow accountability in the in the life hereafter.

# One should be Refresh the remembrance of Life After Death by means of Everything in the World.

I always tell my students that whenever you go out with me, think over the reason. By recreating ourselves we will do more religion's duties. Although it is enough to think once in the beginning but recalling it daily would be excellent. I often tell you all that recall the through daily, it will be a confirmation for the whole day but my thoughts are always the same. For the few moments I stay in the garden and observe the sight, my desire and ambition for the Heaven increase. I desire to reach there instantly. I think that when here there is so much of pleasure in these gardens then how much entertaining, amusing and splendid, the Heaven must be. Whenever I observe the pleasure and the pleasing sights of this world I try to accelerate the urge for the world hereafter.

Sometimes when I go out, some disciples ask me to visit their homes, I ask them that shouldn't I tell you about a home that is much easier to construct and better to live in? When they lend their ears to me, I continued that on one hand think over the efforts, the time and the money spent on constructing this small house and on the other just be alert and pray to ALLAH TAALA that I am very impious. I am sinful but not a rebel, I confess my sins. I repent upon all the sins. I repent upon all the sins committed. Forgive me and make my life according to Your consent. In this corrupt and immoral society You save me, make me your real and obedient slave. How long it takes to say these words? What was spent ?Be sure, just wile sitting you have earned Heavens out of it. You have become owners of castles. It is enough if you pay attention to it.

### Greater the Exigency of the Heaven, the Easier is it's acquisition.

The things that is more necessary ALLAH TAALA makes that thing more easy and convenient to acquire. ALLAH TAALA's consent, the salvation from Hell, the acquisition of Heaven, as these are very exigent for a human being. The LOARD, ALLAH TAALA, the Supreme Foster has made it easier, no matter if you are in a market or in a mosque, in a factory or in an office, whether it's day or night, morning or evening, whether you are in company or in privacy. Further if you have done ablution or you are unclean or you are in a bathroom, totally naked, concisely whatever may be your state, just by turning your concentration towards Him, you reach His court. His doors are always opened, only turn your heart towards Him and you will reach Him. Even if you travel in the fastest jet, you need at least some time but over here the very moment you turn your attention towards Him, you reach there. Just think a little, how easy it is to reach His audience, how great

bountiful is He and we treat Him He has opened His door of mercy but this disobedient creature has not yet reached there. If an emperor says to a sweeper that he has opened his court for him, whenever he needs, he can enter. Still the sweeper tosses aside the offer. How unmeritorious he is? Once an idol worshiper was invoking in front of the idol. He was reciting YA SANAM!, YA SANAM! (OH BELOVED!, OH BELOVED!). Instead he recited YA SAMAD!, YA SAMAD!(YA ALLAH!). Instantly he headed a voice:

"My creature, here I am." The worshiper broke the Idol and said, "Oh unworthy! For a long time I have recited your name but you never replied. And by the slip of my tongue only once I called my LOARD and He instantly replied. "He broke the idol and embraced Islam. You must be thinking that he got a reply immediately just on calling ALLAH's names once. We have been praying and reciting His name for a long time but we never get a reply.

It is because the heart of a Muslim hears the voice of Allah. Previously, ALLAH TAALA aloud the voice in order, so that the kuffar (non-believers) could here and they might get guidance. Those who are already Muslims and have true faith in ALLAH, their hearts are already listening, it makes no difference if they do not listen by their ears. How does the heart listens? It is that he has firm faith upon ALLAH TAALA. No one can cause any uncertainly in it. When the heart is listening it doesn't matter if the ears do not.

Ears can be deceived but the heart does not have delusion.

### Angles Descend upon persons who are trying to becomes Pious.

The faith of Muslims is so strong that if the whole world unites to destabilize it, even then they can't do so.

"The angles decent on them (from time to time):"fear you not! (they suggest), Nor Grieve! But receive the glad tidings of the garden (of bliss) the which you were promised!"

When does this happens? Some interpreters said that it will happen in JANNAT and some said at the time of death the reality is that it will happen in life before death, when a fellow becomes a true and an obedient one and why should it not happen? The whole world calls him mad insane. The relatives even the parents the parents oppose him. This slave of ALLAH TAALA replies to their criticisms.

"If the whole human race becomes angry with me, I don't care, the consent of the beloved matters. It is enough if one consider His concords first and then decide what he should do and what he shouldn't."

If the whole world is against, it doesn't matter, it is fine if the LORD (ALLAH TAALA) is pleased, how much courage is produced? If angles did not support his heart then how could this be possible. As the angels reinforced the SAHABAH-E-KARAM in the field of Badar where HAZOOR-E-AKRAM was also present. At first Allah Taala reinforced the SAHABAS by thousand angles. Then it was increased to three thousand and finally up to five thousand. Though only one angle was sufficient. He would have destroyed the whole

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army, as the nation before were destroyed and ruined; HAZRAT GIBRAIL, alaihissalam, once lifted up the whole village and while turning it up side down threw it back. When one angle has so much of strength then you can imagine the strength of thousand of angles. These thousand of angle were sent in honor of the SAHABHS other wise there wasn't a need for such many. The point to think here is, the group of SAHABAHS were the most favorite of ALLAH TALLA, The whole nation (UMMAH) stands no where in comparison with them. Secondly ALLAH's prophet HAZRAT MOHAMMAD MUSTAFA was also present with them, even ALLAH TAALA made to descend thousands of angles. Now when fourteen hundred years have passed, a Muslim who is weak and feeble, and considering his remoteness from HAZOOR-E-AKRAM's time what do you think? Will ALLAH TAALA leave him alone? Not at all. This is just abusrd. This Muslim is very feeble and more deserving for ALLAH's mercy. If then five thousand angle descended then today twenty thousand are required to descend instead they are being descended. If it wasn't so then how was it possible that such courage was generated in the hearts of Muslims. How could he face bare handed the battalions of the Satan. It's for sure! ALLAH's invisible help is accompanying him, the angels are descending upon him and are helping to build up the courage.

### Prayer.

May ALLAH TAALA make all of us His real true fellow creature. Make us true and strong Muslims. Give us the courage and the passion to think for the world here after . In last repeat the invocation again.